



MEADOWBROOK

—BLACK RIVER FALLS—

Upcoming Event >>>

- Wed 1: 10:00 Chair Yoga r/ 2:00 LRC Dice/ 3:00 Church Serv/ Snacks cart after
- Thu 2: 10:00 1:1 Visits/ 11:00 Cards/Dice/ 1:00 Pre Bingo- Groundhog Trivia/ 2:00 Bingo/ Snacks Cart after/ **Groundhog Day!**
- Fri 3: 10:30 Stix Kix Music/ 1:30 Skittle Bowl/ 2:30 Movie & Popcorn/ **Wear RED Day!**
- Sat 4: 5:00 Lawrence Welk/ **Ice cream w/breakfast Day!**
- Sun 5: 9:15 Church Service/ 10:00 Polka on the tube/ 5:30 Badgers
- Mon 6: 9:30 1:1 Visits/ 10:30 Coffee & Chats/ 2:00 Bingo/ Snacks
- Tue 7: 9:30 Chair Yoga/ 10:00 Stix Kix Music/ 2:00 Music & Munchies
- Wed 8: 9:30 1:1 Visits/ 10:30 Coffee & Chats/ 1:30 Valentine Craft & Coffee Social/ 2:30 All Community Bowling
- Thu 9: 10:30 Chair Yoga/ 2:00 Bingo/ Pizza Snack after/ **Pizza Day!**
- Fri 10: 10:30 Stix Kix Music/ 1:30 Cribbage or Cards/ Snack after
- Sat 11: 3:00 Badgers at Nebraska/ 5:30 Lawrence Welk
- Sun 12: 9:15 Church Serv/ 10:00 Polka on the Tube/ **Super Bowl!**
- Mon 13: 9:30 1:1 Visits/ 10:30 Coffee & Chats/ 2:00 Bingo/ Snack
- Tue 14: 10:30 Chair Yoga/ 2:00 Ryan's Karaoke/ **Valentine Party!**
- Wed 15: 9:30 1:1 Visits/ 10:00 Wisconsin Proud Party-Wear Wisconsin Love! 3:00 Church Serv
- Thu 16: 9:30 1:1 Visits/ 10:30 LRC Dice/ 2:00 Bingo/ Snack after
- Fri 17: 10:30 Stix Kix Music/1:30 Movie & Popcorn/ 3:00 Social Hr.
- Sat 18: 11:00 Badgers Rutgers/ 5:00 Lawrence Welk
- Sun 19: 9:15 Church/ 10:00 Polka on the tube/ 3:00 Gospel Singers
- Mon 20: 9:30 1:1 Visits/ 10:30 Coffee & Chats/ 2:00 Bingo/ Snack
- Tue 21: 10:30 Stix Kix Music/ 2:00 Wally & Friends/ **Mardi Gras Party!**
- Wed 22: 10:00 Manicures & Coffee/ 1:30 Spin it to Win it/ Snack after/ 3:00 Social Hr.
- Thu 23: 10:00 1:1 Visits/ 1:00 Resident Council/ 2:00 Bingo/ Chili Dog & Dog Biscuit Day!
- Fri 24: 9:30 1:1 Visits/ 10:30 Stix Kix Music/ 1:30 Ladder Toss/ Snack
- Sat 25: Covered Nut Day! Chocolate Nut Display Bar for All!
- Sun 26: 9:15 Church Service/ 10:00 Polka on the Tube/ Badgers at Michigan
- Mon 27: 9:30 1:1 Visits/ 2:00 Bingo/ Strawberry Treats!
- Tue 28: 9:30 1:1 Visits/1:30 Birthday Party/Colman's Hootin Nanny!

Activities are subject to change - perhaps for the better! Evening events take place on Tues & Thurs after supper in the front room. Tuesdays games. Thursdays vintage television shows, each week change!

Newsletter

Tips for Managing a Senior's Money as Financial POA

When an aging loved one names you as their financial power of attorney (POA), you become the point person for managing their money and making financial decisions on their behalf. This sounds straightforward enough but involves a great deal of responsibility.

An individual who has been granted financial POA has a fiduciary duty, meaning they are obligated to make financial decisions that are in the best interests of the person who appointed them. Acting as POA for an aging loved one can be daunting, but a few simple steps can help you simplify this ongoing commitment.



5 Ways to Simplify Your Job as Financial POA

- ▶ **Notify Financial Institutions:** Start off on the right foot by contacting your loved one's bank(s), investment firm(s) and other financial institutions to inquire about what you'll need to do to gain access to their accounts and information.
- ▶ **Keep All Funds Separate:** The number one rule for family caregivers who are helping aging parents manage their finances is to never commingle funds. It may seem easier to keep your money and theirs in one place, but the consequences of this decision can be dire. Not only will this complicate your job of accurately tracking their income and expenses, but it can also leave you vulnerable to accusations of theft and financial elder abuse.
- ▶ **Use Personal Finance Software:** One easy way to organize both your own financial information and that of your parent(s) is to purchase personal finance or money management software. You can enter monthly bills, set up payment reminders, create custom budgets and much more.
- ▶ **Get Smart About Paying Bills:** The internet has greatly expanded consumers' options for tracking, managing and automating bill payments through apps, websites and personal finance software. Arranging for recurring monthly, quarterly and annual bill payments to be automatically deducted from a bank account or charged to a credit card can give peace of mind to an agent under POA for finances. As long as you include these amounts in your budgeting, you won't have to worry about incurring interest or fees for missing a payment deadline. In addition to paying bills, many of these services can provide digital receipts and records and prepare financial documents for tax purposes.
- ▶ **Hire Professional Assistance:** A financial POA can hire a professional such as an elder law attorney, accountant or daily money manager (DMM) to complete their obligations when necessary and appropriate. Fees for those professional services are charged to the principal (the person who signed the power of attorney). The fee agreement should specifically spell out that the principal and/or their estate is responsible for payment. A daily money manager can provide a wide range of services, including bill paying, record keeping, budgeting, resolving credit disputes, and routine duties such as balancing checkbooks and sorting mail. Although this title has the word "daily" in it, you might only need their help for a few hours each week.

Reference: <https://www.agingcare.com/articles/financial-power-of-attorney-manage-senior-expenses-155469.htm>



Sudoku Puzzle Level Hard

	8	7	3		4			
	3		5				4	
								7
					2	4	5	
	9	6		1		8	3	
	2	5	8					
8								
	5				7		1	
			2		1	7	6	

Meet our Team >>>

Hometown: I grew up in Melrose, WI most of my life, but I was born in and originally from Buffalo, MN.

Tell us about your Job?

I started as RA on the Assisted Living of Meadowbrook in June 2022. This job comes with many responsibilities and challenges, but it has blessed me with so many relationships that I will cherish forever. These residents are my family.

Tell us about your family

I love playing and spending time with my puppy that I recently adopted in November. I also enjoy long drives listening to music, hanging out with friends and shopping

Emma C.

Resident Assistant




**SAVOR A
SCONE AND A
MEDIUM BLACK
COFFEE ON US!**

**REVOLUTION
COFFEE**
38 Main Street
Black River Falls, WI
54615

March 30, 2023
June 29th, 2023
Sep. 28th, 2023
December 28th, 2023

Employee Birthdays

Chenille F., Feb 12
Lisa C., Feb 16



FUN FACTS ABOUT FEBRUARY

Where did the word "February" come from?
February comes from "februa," a Latin word meaning "to cleanse," and was named after a month-long purification festival held this time of the year.

Why is February shortened to 28 days?
The Roman King Numa Pompilius added January and February to the original 10 month calendar to fully sync a new calendar with the lunar year. However, Numa wanted to avoid having even numbers in his calendar, as Roman superstition at the time held that even numbers were unlucky. To try and avoid this, he chose February, a month that would be host to Roman rituals honoring the dead, as the unlucky month to consist of 28 days.

Why does it become 29 days every four years? And why is it called a leap year?
It's time for some leap year facts? Relative to avoiding even numbers, Numa added a leap month at a certain interval – with February having 29 days every four years. The term "leap" is supposed to describe how the calendar catches up with the Earth's orbit.

How and when do "Leapers" celebrate their birthday?
People born on February 29 are called "leapers." They get to celebrate their actual birthdays only every four years. They usually celebrate their birthdays on February 28 or March 1 and use these dates on official documents. Technically, if you were born on leap day, you'd be younger than your actual age.

No full moon?
February is the only month in the year that could miss having a full moon completely. Some months get a blue moon (two full moons in a month), and February often ends up with none!

A month for the lovers
Just like December is for Christmas, February is for Valentine's Day. This is on the 14th of February every year. You'd probably think the flower of February is the rose. Well, you'd be wrong. It's actually the violet and the primrose.

<https://www.funfactsabout.com/fun-facts-about-february/>



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